

Overview of Direct Care and Treatment

Organization

DCT has six major divisions:

- Mental Health and Substance Abuse Treatment Services
- Forensic Services
- Community Based Services
- Outpatient Services
- Operations Services
- The Minnesota Sex Offender Program

Mental Health and Substance Abuse Treatment Services

Mental Health and Substance Abuse Treatment Services provides services in inpatient hospitals and other residential settings.

- **Anoka-Metro Regional Treatment Center:** The Anoka-Metro Regional Treatment Center (AMRTC) is the state's largest psychiatric hospital. The hospital is budgeted and staffed to operate 96 beds on a secure campus in Anoka, MN.
- **Community Behavioral Health Hospitals:** Six Community Behavioral Health Hospitals (CBHHs) provide short-term inpatient psychiatric care in Alexandria, Annandale, Baxter, Bemidji, Fergus Falls and Rochester. Each hospital has 16 beds, for a total treatment capacity of 96 patients. The CBHHs are locked facilities.
- **Child and Adolescent Behavioral Health Hospital:** The Child and Adolescent Behavioral Health Hospital (CABHH) in Willmar is an inpatient psychiatric hospital for children ages 4 to 18. The hospital serves youth with complex mental illnesses and behavior disorders who cannot be treated in their home communities.
- **Community Addiction Recovery Enterprise (CARE) Program:** CARE program provides inpatient chemical dependency and substance abuse treatment services to adults, most of whom have co-occurring mental illness.
- **Minnesota Specialty Health System:** The Minnesota Specialty Health System (MSHS) provides time-limited mental health treatment services in residential settings to adults who no longer require hospitalization or other inpatient treatment but who still need a period of structured care before returning home.

Community-Based Services

Community-Based Services provides residential, vocational and crisis services to individuals with developmental disabilities and co-occurring mental illness. Clients may also have other physical and mental health conditions. Budget and Staffing

- **Residential Services:** Provides services in about 100 residential group homes that operate one to four beds. Services include daily living skills, medical monitoring (if needed) and helping clients integrate more fully into the community.
- **Vocational Services:** Helps clients with disabilities prepare for, find and keep a job. Services include evaluation, training and supportive employment.
- **Community Support Services:** Mobile teams across the state provide individualized clinical services to people living with complex behavioral health challenges, including intellectual disabilities, mental illness, brain injury and substance abuse.
- **Minnesota Intensive Therapeutic Homes:** Provides foster care and wrap around services for children and adolescents with severe emotional disturbances. Also provides family support services.

- **Minnesota Life Bridge:** Provides person-centered planning, positive behavior supports, crisis stabilization and transition services to people with development disabilities who have posed a risk to public safety. The program provides both residential and outpatient services to help clients live successfully in their homes and communities

Forensic Services

Forensic Services provides evaluation and specialized mental health treatment services to patients statewide who have been civilly committed by the courts as mentally ill and dangerous (MI&D). Many patients have been charged with serious crimes and civilly committed after a court found them not competent to stand trial or not guilty by reason of mental illness or cognitive impairment. Treatment takes place in secure and non-secure facilities on the campus in St. Peter.

- **The Forensic Mental Health Program:** Formerly called the Minnesota Security Hospital, the program provides secure and non-secure inpatient treatment of individuals with chronic, serious mental illness. Treatment focuses on long-term stabilization and prepares patients for eventual provisional discharge and re-entry into the community.
- **The Forensic Nursing Home:** Minnesota’s only state-operated nursing home, the facility provides a secure, licensed nursing home setting for individuals who are civilly committed as mentally ill and dangerous or as a sexual psychopathic personality or a sexually dangerous person.
- **Community Integrated Services:** Support services for patients who have been provisionally discharged to live in a variety of community settings. These services are designed to help patients live happy, stable, successful lives outside of the Forensic Mental Health Program facilities.
- **Forensic Examiner Network:** A team of forensic examiners provides competency and pre-sentencing mental health evaluations. These can be done on either an inpatient basis within Forensic Services or in a community setting, including jails. The examiners also provide consultation to treatment teams throughout Forensic Services and to other programs within the Department of Human Services.

Outpatient Services

Outpatient services include dentistry, psychiatry, and primary care services. Five special care dental clinics provide a full range dental services for patients with mental illness and development disabilities who cannot be treated by community dentists. Our Faribault clinic also provides outpatient psychiatric services, home-based primary care and telehealth visits.

Clinics are located in:

- Brainerd
- Cambridge
- Faribault
- Fergus Falls
- Willmar

Minnesota Sex Offender Program

Serves people who are court-ordered to receive sex offender treatment in a secure setting. The program, which operates campuses in Moose Lake and St. Peter, is the nation’s largest treatment program for civilly committed sex offenders. In addition to two large secure facilities, MSOP also operates Community Preparation Services (CPS), which is a less restrictive treatment setting on the St. Peter campus.

Operations Support

Operations Support provides the professional services necessary to support the administrative functions of DCT, including human resources, finance, legal, facilities management, external relations, quality and safety management and medical services.